

CONCEPT:SYNERGY presents:

Living a Fascinating Life: The Exquisite Elegance of Remembering and Forgetting

16 Total Sessions

FRIDAY 6 Sessions

Introduction: <i>A Foundation for Remembering</i>	70:33
Blending: <i>An Excursion Becomes a Quest</i>	23:07
Discussion: <i>Initial Clues for Living a Fascinating Life</i>	33:03
Meditation/Ritual #1: <i>Gifts from the Between</i>	53:31
Magic Time	1:40:50
Meditation/Ritual #2: <i>The Music of Stones</i>	60:40

SATURDAY 6 Sessions

Discussion: <i>Weaving a Fascinating Reality</i>	35:38
Magic Time	1:40:13
Meditation/Ritual #1: <i>The Rite of Surrender</i>	47:34
Magic Time	1:37:08
Discussion: <i>The Arcane Art of Forgetting</i>	25:19
Meditation/Ritual #2: <i>Daring the Land of the Forgotten</i> .	43:18

SUNDAY 4 Sessions

Introduction: <i>Reviewing the Art of Forgetting</i>	29:31
Magic Time	1:11:38
Discussion: <i>Creating the Map</i>	37:18
Meditation: <i>Lifting Your Voice</i>	40:29