

CONCEPT:SYNERGY presents:

# *Changing Your World: A Magical Day of Healing*

A Lazaris One-Day

1. Introduction: *Why Africa* ..... 1:10:40
2. Blending: *Focus of Healing* ..... 22:08
3. Meditation / Ritual: *Healing in the Light of Gratitude*..... 52:15
4. Meditation / Ritual: *Unraveling with the Weaver Woman* ..... 1:15:07
5. Meditation / Ritual: *Goddess Cauldron* ..... 46:55

## Music Credits:

**Morning and Comfort** by Dietrich Von Oppeln, *Music for Lazaris 4* [CD]

**Friends** by Dietrich Von Oppeln, *Music for Lazaris 5* [CD]

**Community and Sacred Silence** by Dietrich Von Oppeln, *Music for Lazaris 8* [CD]

**Sacred Silence** by Dietrich Von Oppeln, *Music for Lazaris 8* [CD]

**Deep and Caring** by Dietrich Von Oppeln, *Music for Lazaris 9* [CD]

**Somewhere in Between** by Dietrich Von Oppeln, *Music for Lazaris 11* [CD]

**I Show You My Place** by Dietrich Von Oppeln, *Music for Lazaris 13* [CD]

**Seduction** by Alan Kaplan, *Love Moods: Deep Passion*